

How can you get help?

You should speak to your doctor, your Home Bound Healthcare visiting nurse or therapist, or call your nearest **Home Bound Healthcare** office for more information about enrolling in this program.



1615 Vollmer Road **Flossmoor** IL 60422
Toll Free (800) 444-7028
Tel (708) 798-0800 • Fax (708) 798-0870

450 N Kennedy Drive Suite 6 **Kankakee** IL 60901
Toll Free (800) 444-7028
Tel (815) 929-0800 • Fax (815)929-0801

3401 16th Street **Moline** IL 61265
Toll Free (866) 541-0900
Tel (309) 762-7900 • Fax (309) 762-6909

2322 W Willow Knolls Road **Peoria** IL 61614
Toll Free (866) 725-0888
Tel (309) 589-0888 • Fax (309) 589-0889

4231 Progress Blvd Suite 3 **Peru** IL 61354
Toll Free (877) 220-8808
Tel (815) 220-8808 • Fax (815) 220-8828

421 S Grand Ave W Suite 2B **Springfield** IL 62704
Toll Free (877) 753-2210
Tel (217) 753-2260 • Fax (217) 753-2270

1625 Bethany Road **Sycamore** IL 60178
Toll Free (877) 895-9898
Tel (815) 895-9898 • Fax (815) 895-3232

1808 Mulberry Avenue **Muscatine** IA 52761
Toll Free (866) 541-0900
Tel (563) 263-5411 • Fax (563) 263-5694



Painful Burning Feet

Peripheral Neuropathy

Painful burning feet can be successfully treated in **over 90%** of people.



HomeBoundHealth.com

Caring For Your Health Needs In The Comfort Of Your Home



What do we know about painful burning feet?

If you have painful burning feet, you might have a type of nerve damage called Peripheral Neuropathy. It is a common complication of diabetes, chemotherapy, cardiovascular disease, or alcohol abuse. An estimated 7 million Americans have burning pain in their feet caused by this nerve damage. Aside from causing pain and discomfort, if left untreated, this damage can lead to falls, foot ulcers, and in the most severe cases, loss of limb.

What treatments work?

Until recently, Peripheral Neuropathy was considered irreversible. But medical research has discovered that comfortable stimulation with infrared therapy, along with standard rehabilitation treatment, can reduce pain and increase circulation to these damaged nerves.

Who should try our program?

You or a loved one should try our program if you or they have:

- ▶ Burning pain in the feet
- ▶ Foot pain that disturbs sleep
- ▶ Side effects from foot pain medications
- ▶ Already fallen or are unsteady while standing or walking
- ▶ Diabetes with pain in the feet

Enroll in our program today. By working together, we can treat your pain and improve the circulation in your feet.

What can you expect in our program?

Your personal health care team will review your diet, fluid intake, and current medications for their effect on your blood sugar levels. Your foot pain, balance, and risk of falling will also be assessed.

Infrared Therapy and Electrical Stimulation for increasing circulation and decreasing pain.

Stimulation from infrared therapy combined with mild electrical pulses comfortably reduce pain and increase circulation to damaged nerves.

Exercises for regaining strength and balance.

Simple exercises to regain strength and flexibility in the legs help improve balance and reduce your risk of falling.

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